# Getting your Preschooler to Listen!







#### www.AccessingAbilities.com

#### www.SupervisionAcademy.com

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### About behavior analysis



- Science of human behavior
- Assess WHY behavior occur
- Specific methods
- Measure baseline, progress
- Teach new skills
- Implement reinforcement
- Long term behavior change

- Assessments (behavior or curriculum)
- Positive supports
- Teach skills
- Increase independence
- Supports in home, school, community
- Teacher, parent and staff trainings



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### Quick Poll

# ....

### **Be Predictable**

Visuals and Visual Schedules, Voice Levels

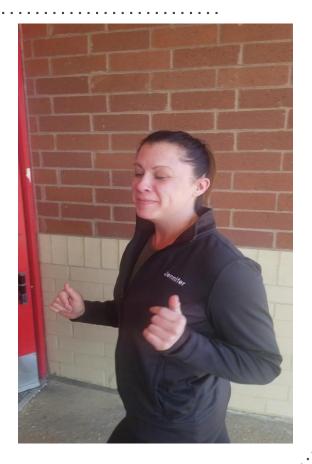
#### Avoid the roller coaster ride!

### Set the stage...

What will happen first, next, then, etc.

What work? How much work? When will I be done? What will I do next?

What will I see/hear/do/smell?



### How to...

Social Story

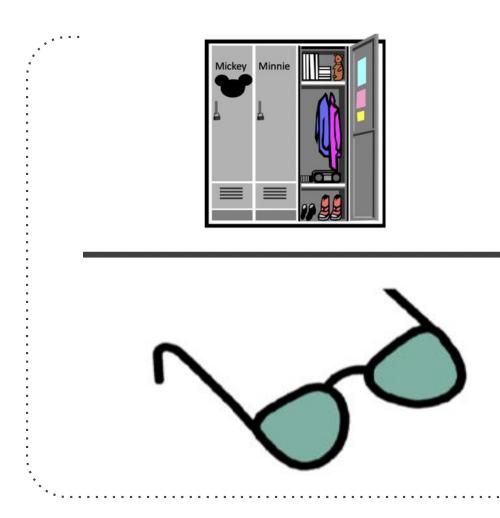
Visual Schedule

#### Visuals













### **Offer Choices**

And still get the outcome you want!

#### For Your Child

Blue or red boots? Carrots or green beans? Candyland or checkers? *Cat in the Hat* or *Green Eggs and Ham*? Do you want to read in the chair or your bedroom?

#### For Your Spouse

Laundry or Dishes? Take out the trash or clean the toilet? Feed the kids or walk the dog?

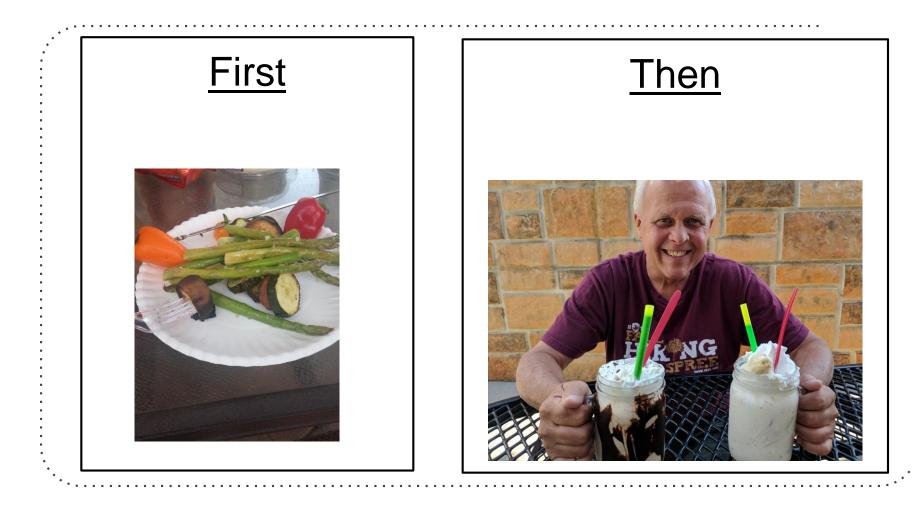




### Grandma's Rule



### First eat your veggies, then you get dessert!



# Parking Lot



#### The Parking Lot

When your child has difficulty transitioning from toy play to other activities... When your child has difficulty transitioning from toy play to other activities... "The Parking lot



### Transition to dinner time







### A flexible strategy. Use it anywhere!



### **Consistent Follow-Through**

**Rule Goverance Behavior** 

.....



#### Keep expectations the same.

#### React the same way.

## ALWAYS reward appropriate behaviors!



## .



### Pairing

#### The mom who cried wolf



### Bring preferred toys/activities along



#### Be Present!

I Do, We Do, You Do









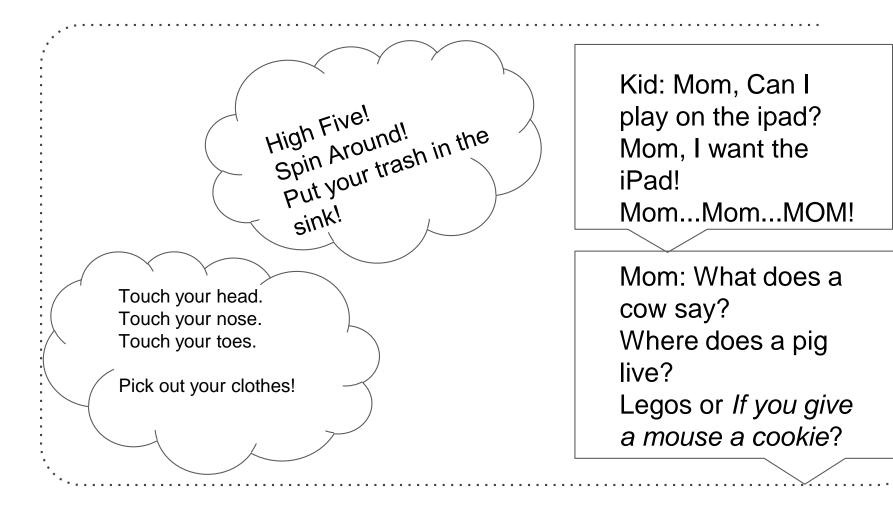
### **Behavioral Momentum**

Easy, Easy, Hard









### If it doesn't work... CHANGE IT!



### It takes a Village!

Who is part of your team? What is their role? Knowledge? Expertise?