

## Dealing with Preschool Behaviors in Public Parent Worksheet

### ACTIVITY #1: Guess the function of the following problem behaviors.

1. Sucking my thumb to comfort myself. \_\_\_\_\_
2. Screaming because I may get candy or a balloon to quiet me down. \_\_\_\_\_
3. Hitting my playmate to make them go away...then I get the slide to myself! \_\_\_\_\_
4. Singing loudly in church/synagogue makes others look at me, or I get shushed by Mom/Dad. \_\_\_\_\_
5. Throwing a tantrum...the last time I did so at this place I hate, we left right away. \_\_\_\_\_

### ACTIVITY #2: Personal example.

1. List one problem behavior (PB) your child displays frequently. \_\_\_\_\_
2. Describe the setting & who is present: \_\_\_\_\_  
\_\_\_\_\_
3. Define PB, using verbs: My child \_\_\_\_\_  
\_\_\_\_\_
4. List how you and/or other adult usually respond: \_\_\_\_\_  
\_\_\_\_\_
5. (Instruction via PowerPoint)
6. List one or more antecedent strategies the presenter proposed that you might try: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
7. (Instruction via PowerPoint)
8. Circle the possible function of the PB:   Escape   Attention ( + or - )   Tangible   Sensory
9. List a consequence-based strategy the presenter proposed that you might try: \_\_\_\_\_  
\_\_\_\_\_

### ACTIVITY #3: Self-reflection.

1. Overall, what are some ways I can react differently when my child misbehaves in public? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
2. When I successfully use a new strategy I learned today, I will reinforce my own behavior by...  
bragging to spouse   telling a friend   buying favorite dessert   going shopping   spa service   other ☺