

Strengths, Needs & Goals

This worksheet is designed to help you prepare for your child's IEP meeting. For more instructions on how to use this worksheet, see connectingforkids.org/IEPPrep

Part 1: Basic Information

Parent/Guardian Name:		
Home Phone:	<input type="checkbox"/> Check here if cell phone	Work Phone:
Email:		
Student Name:	Grade:	Age:

Part 2: Strengths and Interests

Your child's strengths and interests can help the IEP team get to know them.

My child is good at: (list general and school skills - for example, "sharing," "reading," or "helping at home")

My child enjoys: (list hobbies, interests, or recreational activities)

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Part 3: Needs and Supports

Everyone has things they are not good at. Sharing your child's struggles and the ways you have supported them in the past can help the IEP team choose accommodations and modifications that work.

My child struggles with: (list general and school skills - for example, "playing with siblings" or "math facts")

Some things that help my child:

- | | | |
|---|---|---|
| <input type="checkbox"/> Extra time | <input type="checkbox"/> Breaks | <input type="checkbox"/> Schedules |
| <input type="checkbox"/> Visual or written instructions | <input type="checkbox"/> Fewer items on assignments | <input type="checkbox"/> Graphic organizers |
| <input type="checkbox"/> Study skills instruction | <input type="checkbox"/> Assignments broken down | <input type="checkbox"/> Sensory/fidget tools |
| <input type="checkbox"/> Hands-on practice | <input type="checkbox"/> Alternate assignments | <input type="checkbox"/> Visual timer |
| <input type="checkbox"/> Designated seating | <input type="checkbox"/> Testing in different setting | <input type="checkbox"/> Planner or organizer |

Other ways I have helped my child:

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Part 4: Family Goals

Families and schools work together to prepare children to be independent members of their communities. When you share family goals with your child's IEP team, you can work together to help your child grow.

This school year (next 6-9 months), I would like my child to improve at:

Example: This school year, I would like my child to improve at tying her shoelaces.

In the long term (next 1-2 years), I want my child to be able to:

Example: I want my child to be able to complete his morning routine independently and school on time.

My child would like to learn to:

Example: My child wants to learn to play guitar.