## CONNECTING FOR KIDS

## Sensory Processing Red Flags

Some children seek...

Some children **avoid**...



Some children chew on clothing or seek intense foods.

Others avoid specific food textures or refuse to let utensils touch their mouths.





Some children seek out light, sound and commotion.

Others respond emotionally to bright lights or loud noises.





Some children rush to touch everything in sight.

Others struggle even to tolerate clothing.





Some children seem to feel no pain and seek physical input.

Others feel hurt by the lightest touches.



Some children **seek** in one area AND **avoid** in another!

Sound like your child? Contact Connecting for Kids connectingforkids.org | info@connectingforkids.org 440-570-5908 | 440-907-9130 (para español)

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## Sensory Processing Red Flags

Sensory issues can look different...



"Zoomers" seem like they never stop moving. They zoom through life and don't stop until they're exhausted.



"Crashers" crash into everything. From bumping into people in the grocery line to jumping off the sofa — there's no surface too hard or too soft.



"Volcanoes" are bombarded by sensory input that builds up inside. Then they erupt and have a meltdown.



"Lone Wolves" stick to the edges of the action — avoiding commotion. They can seem shy or withdrawn.

You can find more resources to help your child online. Visit connectingforkids.org/sensoryaware or contact us for personalized support.

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