



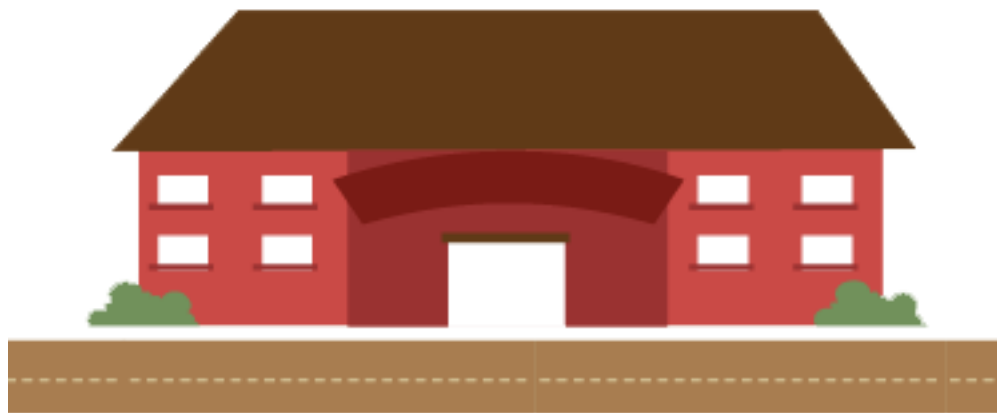
# Music Therapy & More<sup>SM</sup>

*... with Connecting for Kids*

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Therapy Enrichment  
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Sometimes I go to a music therapy group at the library. I walk into the library and go to the music therapy room.



There will be a music therapist who will sing songs and play instruments.



During music therapy, I will see a lot of instruments. I might see:



Guitar



Drums



Maracas

There might be other instruments, too. The music therapist will tell me when and how to play. I will try to follow directions.



Egg Shakers



Sticks



Bells

I will try to sit in the music circle with my grown-up who brought me to the library. Sometimes I might not know what I am supposed to do.



The music therapist or the grown-up who brought me can help tell me what I should do.

It might be loud sometimes. It is okay if I need to cover my ears, and it is okay if I need to take a break out of the room.



It is okay if I need to get up from the circle and jump up and down or move my body. I will try to come back to the circle when I am done.

Music therapy group can be a lot of fun. I will try to have fun at music therapy group.

